

Chocolate Avocado Pudding

Ingredients:

2 large avocados
3 tablespoons unsweetened cocoa powder
1/2 cup brown sugar
1/2 cup almond milk
2 teaspoons vanilla



Directions:

Cut the avocados in half, remove the pits, cut into cubes and then scoop out avocado. Place into a blender, food processor or a tall mixing bowl and use an immersion blender. Then add unsweetened cocoa powder, brown sugar, almond milk and vanilla. Blend together until smooth and creamy. Chill in the refrigerator for at least 1 hour before serving.

Amy Lynn's Kitchen
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